

KUMAGAYA FRIENDS

The official English-language newsletter for Kumagaya City, Saitama, published every second month.

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KUMAGAYA FRIENDS

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Please help prevent the spread of coronavirus

Please avoid crowded, poorly-ventilated spaces.

- 1 Poorly ventilated
- 2 Crowded
- 3 People talking in close proximity

Places where the above conditions are met are highly likely to cause a cluster of cases. It is important to prevent these conditions in order to stop clusters from forming.

Taking care in everyday life

- It is important to take standard steps against infectious diseases such as washing your hands, eating a balanced diet and getting enough sleep.
- It is important to follow proper etiquette when coughing.

Coughing Etiquette



- Regularly disinfect surfaces that are often touched, such as doorknobs and handrails.
- Regularly open windows and doors to ventilate rooms.
- **When displaying cold-like symptoms such a fever, please refrain from going to school or work, and measure your body temperature every day.**

Ask for information

Prefectural Resident Support Center

Phone: 0570-783-770 (24/7)

In addition to general inquiries, you can also be directed to the consultation center if you suspect that you have been infected.

Consultation Center (Kumagaya Health Center)

Phone: 048-523-2811 (Weekdays, 8:30am-5:15pm)

If you are suspected of being infected, you will be referred to a medical facility for testing. Please receive testing from the facility that you are referred to. When visiting the medical facility, please contact them in advance, wear a mask while traveling there and do not use public transportation.

For more information about COVID-19, please visit the “Confirmed infections and related information” page on the Saitama Prefecture website, or the “Coronavirus-related information” page on the Kumagaya City website.

Public Health Section

Phone: 048-528-0601

Kumagaya City website



Saitama Prefecture website



Regarding food products

There is no shortage in food supply, so please conduct your shopping without panicking.

Only buy what you need.



Do not panic-buy excessive amounts of goods.



Do not buy goods with the intent of reselling them.

